The human aura is not only a good index to the vitality and health of the physical body, but it is a real protection and a good influence for the body. Usually when we speak of the human aura we speak of that which is visible because of its intensity and its color, but we must not forget that the aura of the human body, even that of a child, exists far beyond the limits of color and vitality. The aura of the average person we meet on the street who has not attempted to increase it or develop it through any form of metaphysical study and exercise consists of a colorful haze extending from three to five inches around the outline of the body. In those who have developed the aura to a high degree the aura may extend in its color to a distance of ten or twelve inches from the body or even more. But the true aura, so far as its radiations are concerned, really extends from fifteen to twenty feet or more around the body of every fairly healthy person, regardless of any metaphysical or psychic development.

Therefore, if we walk about in our daily lives, we are moving about in the center of an auric circle that is twenty-five to thirty-five feet in diameter. This means that any very sensitive thing that comes within fifteen or twenty feet of our presence will feel our aura. The truth of the matter is,
however, that the effect of this broad circle of radiations can be felt and often measured at distances to fifty or seventy-five feet from the human body, and there are those so-called magnetic persons whose magnetism affects others at a distance of several hundred feet.

We can understand this better if we suppose that two persons are in a room and each of these has a field of magnetism around him that extends fifteen feet around his body. This means that when these persons are thirty feet apart their two fields of magnetism will come in contact with each other and the impression made upon these will be felt by the persons in the centers of these two fields. But even if the persons are separated by fifty or seventy-five feet of space there may still be an exchange of effect upon each of their magnetic fields, and in cases where the magnetism is very strong the radiations will reach out to a greater distance.

The moment a person becomes favorably impressed with another person who, for any reason, momentarily attunes herself with another person by finding that person agreeable, harmonious, pleasant, lovable, or enjoyable in any way, the aura of each person tends to and thereby reaches out over a larger space, and the blending of them constitutes a form of magnetic attraction that is very distinct and noticeable.

I have seen some wonderfully magnetic persons on a stage delivering a lecture, or otherwise speaking to an audience, and have noted that, because of the admiration and harmonious feeling toward the one on the platform, the magnetic auras of the persons in the audience have gradually extended themselves to meet the extending magnetism of the speaker until the auras of the persons in the audience and the aura of the speaker were blended so harmoniously that each one in the audience thus attuned was in close rapport with the speaker and reacted easily and sympathetically with every emotions expressed by the speaker.

What I wanted to speak mostly about is the effect of this large aura that surrounds each person in regard to the health of each individual. It is not only true that the more harmonious one is attuned with the Cosmic the larger and stronger will be the aura, but it is also true that the larger and stronger the aura is the more it protects each individual from any vibrations that might be harmful or injurious to the physical body. In other words, the large aura that surrounds a healthy person acts as a neutralizing aura against any incoming vibrations of a destructive nature.

I am not talking now of those vibrations from the mind of any evil person, for you know that the cosmic ether will not carry such vibrations, but I am speaking of physical, mundane vibrations of a chemical, electrical, and magnetic nature. There are many such vibrations in the universe being radiated by climatic conditions, by decaying matter, and by other physical sources which often reach persons whose aura is weak or small and affect them temporarily or to a serious degree.

When we are well and normal, with proper Cosmic Attunement, and with the right thoughts held in our minds and the right attitude toward the universe, our aura acts as a protection against any kind of destructive force. That in itself is sufficient reason for any time or trouble we take in developing the psychic part of ourselves and extending our aura to the greatest strength possible, and there are many lessons and experiments in our lectures throughout the various grades that are for the purpose of developing the aura.